

THE ATMIYA TIMES



A TRI MONTHLY NEWS LETTER

(April to June, 2018)



POWERED BY

**Atmiya
Vidyapeeth**
We nurture your dreams.....

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From the Desk of Principal...

“MATAPITA, GURU DEVO BHAVA”

Atmiya Vidyapeeth stands for the holistic development of the children in the school. To achieve this objective we have fully trained full time teachers working with complete dedication and passion under the guidance of the committed management.

We find that parents have a vital role to play in the grooming of the personality of a child. If teachers are like the gardeners in the garden of life to enable the children to blossom like the buds to provide the fragrance to the society in various forms like Scientists, Doctors, Engineers, Artists, Musicians, Mathematicians, and Teachers and so on, the parents are the true custodians of the children. The way the parents look, walk and talk show the way to their children how to walk in life.

In Indian culture, as all of us know, we believe that “MATA PITA GURU DEVO BHAVA”. Truly parents and teachers are the true visible faces of God who would unconditionally love and serve the children for their growth. Certainly the children remember in their life later not what things they have received but what they have experienced with their parents. Therefore it is so very important for the teachers and the parents to find sufficient time to spent with their children meaningfully and so leave some imprint in their conduct and character. As money cannot purchase character it is the loving and caring time with the children that forms the character and the conduct of the children.

“Milkat “is necessary but “Malik” is more important than the “Milkat”. Therefore it is very important to take care of the conduct of the children which will automatically get formed positively if the children are permitted and given enough time and opportunities to be the part of every good work the parents do. If it is done so the children can be definitely as good as or better than their parents. Whereas, if the parents are unavailable, their friends, neighbors and other people may prove to be poor examples for the children to follow.

Many a time child abuses are reported when the children are left alone at home or with outsiders for taking care.

There is no point in scolding, punishing and complaining about the conduct of the children when the parents do not have time for them.

Therefore, it is very very important for the parents and the teachers to find time for talking and listening to them and that give much emotional security to the children.

“CHILD IS THE FATHER OF THE MAN”
William Words Worth.

**Scaria Thomas
(Principal)**

EDITORIAL DESK

How pleasing and wonderful teaching profession is!!!

Answering this question seems like an easy task, but I find myself struggling to articulate my journey as a teacher.

“We don’t need to become a teacher. We all in some or other way are teachers.”

It was not my childhood dream to become a teacher. I did not become a teacher because I have a strong affection for paper work. I did not become a teacher because I like to wake up at 3:00 am and sleep may be at 12:00 am. The desire to teach does not stem because I was inspired by some influential leaders speech.

What is left? If all the above factors did not influence me to become a teacher, what did? Why do I wake up each morning and look forward to school in spite of the paper work, long hours.....? After all the non-influential factors are weeded out, the only thing remaining is enthusiasm.

Factor that influenced me to give a final decision to enter in the field of education was my eagerness to learn. My attitude, that allows me to present complicated things in a simplified manner. My attitude, which likes to face challenges positively.

I am certain that I will always be involved in teaching in some manner. I hope it will erase many of the non-influential factors in my becoming a teacher: long hours, paper work etc. But even if these factors are still present in education, I will remain passionate about educating. I am not sure how or when it came in my mind to become a teacher. May be because that decision does not come from your mind but form your heart. I am not sure what else teaching will lead me to, but I am sure that my journey as an educator will be a passionate one!

Ajay Tiwari
(Editorial Head)



ACTIVITY CORNER

Induction for classes Pre-primary to IX Date : 02-04-18 and 03-04-18

Atmiya Vidyapeeth is established to be at the cutting edge of competition and the frontiers of knowledge and we generate good human beings with multi dimensional capabilities to brighten the future of our country. When new students enter an institution, they come with diverse thoughts, backgrounds and preparations and it is very essential to inculcate them with the ethos of the institution with a sense of larger purpose. So as to familiarize with the new system and evaluation criteria for different sections, Atmiya Vidyapeeth had organized an Induction Programme for new students of Pre Primary till Std XII on 2nd & 3rd April, 2018.

The students were informed about the school system, policies, rules and regulations, evaluation system and methodology of different subjects to acquaint with them in a well prepared manner.

The induction programme was graced by the presence of our Chairman Mr.Vinod Chavda, Managing Trustee Mr.Hemant Kachhadiya, Principal Mr.Scaria Thomas, Vice Principal Dr.Taruna Sharma, Educational Advisor Mrs.Triпти Nagar, Section Co-ordinators Mrs.Vanajakshi Mantri, Mrs. Anjali Tripathi and Mrs.Madhuri Devnani along with teachers, parents and new students.

The Induction Program helped them exploring their academic interests and activities, reducing competition and making them work for excellence, promote bonding within them, building relations between teachers and students



First Day of School on 05-04-2018

“Celebrate the new day with shouts of praise, love and grace and with a beautiful smile upon your face.”

Armed with brand new bags and stationery, students of Atmiya Vidyapeeth entered the School Campus with mixed feelings of excitement and fear on 5th April, 2018- The beginning of Academic Session 2018- 2019.

The special assembly started with enchantment of shlokas followed by the prayer that echoed the entire school premises. To imbibe a rich religious aroma among students a special Havan was organised to seek the blessings of Goddess Saraswati to remove the darkness and to guide the students towards the path of light, peace and prosperity. The aura of positivity was spread by our senior secondary section coordinator Mrs. Madhuri Devnani with an inspirational thought.

New members of Atmiya Parivar were welcomed by Tilak and cards. Newly joined faculties introduced themselves and shared their willingness to work with the organization. The students and the teachers were awarded with special certificates for 100% Attendance for the Academic Session 2017- 2018. During this occasion, the students those who joined the Summer Camp were felicitated for their tremendous participation.

Mr. Sacria Thomas - Principal addressed the students and congratulated them for their achievements. The benign presence Mr. Vinod Chawda - Chairman, Mr. Hemant Kachhadiya (Managing Trustee), Dr. Taruna Sharma – Vice Principal and Mrs. Tripti Nagar-Educational Advisor enhanced the vibrant atmosphere of the special assembly.



“Health for All” on 07-04-2018

The World Health Day is celebrated across the world every year on 7th of April under the leadership of World Health Organization to draw the mass people attention towards the importance of global health. Students of Atmiya Vidyapeeth had observed World Health Day on April 7, with the theme - **“Universal health coverage: everyone, everywhere.”**

As a part of the celebrations, students of XII Science had presented a special assembly on World Health Day and Anushree Patra of XII Science had delivered a very informative speech on the Easy Tips to be Healthy and its importance in our daily lives. She emphasized on good eating habits and insisted on physical activities such as yoga and meditation for good health.

Our Yoga instructor Mr. Dhansanker Shetty had addressed the students on common health problems and the importance of yoga for healthy mind, body and soul. The students had performed various Pranayams, Asansand Surya Namaskar to bring in the energy from source of light.

An informative chart was also displayed by Ms. Prachi Chauhan on the good habits of Health and Hygiene to spread the awareness that "Good health adds life to years."



“On the Spot Drawing & Painting” “Best out of Waste” and “Poster Making Competition”

on 13/04/2018

To bring out the creativity and the artistic talents among school students, Atmiya Vidyapeeth had organised a Class Activity for classes I to XII on 13th April 2018. The Activities were On the Spot Drawing & Painting Competition for primary section (I to V), Best Out of waste for Middle Section (VI to VIII) and Poster Making Competition for Secondary and Senior Secondary Section (IX to XII). Students took part in the competition very enthusiastically in to exhibit their creative skills in various topics like ‘Nature’, ‘Festival of India’, ‘Global Warming’ and ‘Heritage of India’. It was a great opportunity to watch these young minds trying to create their ideas of a better environment on paper. Students participated in the activity with great zeal and enthusiasm. The best and creative drawing, proper expression of theme and proper usage of colours is being judged and being awarded accordingly.

List of Winners

SR. NO.	CATEGORY	NAME OF STUDENT	STD	REMARK
1	On the Spot Drawing & Painting	Priyanshu	I C	First
2	On the Spot Drawing & Painting	Darshita	I C	Second
3	On the Spot Drawing & Painting	Lasya	I C	Third
4	On the Spot Drawing & Painting	Daksh Talwar	II B	First
5	On the Spot Drawing & Painting	Kashvi Rana	II A	Second
6	On the Spot Drawing & Painting	Nandita Pandey	II B	Third
7	On the Spot Drawing & Painting	Sakshi Rao	II C	Third
8	On the Spot Drawing & Painting	Antra Kumar	III B	First
9	On the Spot Drawing & Painting	Abhinav Nair	III C	Second

10	On the Spot Drawing & Painting	Jasmeet	III C	Third
11	On the Spot Drawing & Painting	Naitik Bhuptani	IV A	First
12	On the Spot Drawing & Painting	Ada Pathan	IV B	Second
13	On the Spot Drawing & Painting	Harleen Kaur	IV B	Third
14	On the Spot Drawing & Painting	Swagata Maiti	IV A	Third
15	On the Spot Drawing & Painting	Annyasa Patra	V A	First
16	On the Spot Drawing & Painting	Malakit Patel	V A	Second
17	On the Spot Drawing & Painting	Harkirat kaur	V C	Third
18	Best Out of Waste Competition	Drishti Gianchadanani	VIII B	First
19	Best Out of Waste Competition	Prachi Diwane	VII B	Second
20	Best Out of Waste Competition	Liza Halder	VII C	Second
21	Best Out of Waste Competition	Naisha Ramnani	VI A	Third
22	Best Out of Waste Competition	Khushi Sharma	VIII A	Third
23	Poster Making Competition	Om Prasad Behera	IX B	First
24	Poster Making Competition	Janvi Bhuptani	IX A	Second
25	Poster Making Competition	Ansh Verma	X A	Third



Fire Extinguishing Mock Drill on 16/04/2018

A mock fire and evacuation drill involving students and fire fighters was conducted at Atmiya Vidyapeeth on 16-04-18 to create awareness among the students of fire fighting techniques and the ways to respond swiftly in times of calamities or in an emergency situation.

A team of fire fighters, headed by the Mr. Shah Jahan armed with necessary equipment required for fire fighting and rescue operations positioned themselves at vantage points to guide and assist the students in the mock fire and evacuation drill. The fire fighters explained and demonstrated different improvised methods, like water extinguisher, CO2 gas Extinguisher, powder extinguisher etc, being followed by them to rescue and evacuate people caught in such emergency situation besides explaining the ways to operate the fire extinguishers safely. It was an enriching experience for our students as they enhanced their knowledge about the fire extinguishers.



World Heritage Day on 18/04/2018

“World Heritage is defined as the shared wealth of humankind. World heritage is a wonderful reminder of our rich past. It is our duty to protect the heritage and offer it to the coming generations.”

World Heritage Day was observed in Atmiya Vidyapeeth with great fervor. A special assembly was conducted on 18th April, 2018 to raise awareness about the true meaning of heritage, its importance and the need of its preservation. Heritage

campaign was organized at our School with a plethora of educational and entertainment-based activities to mark Heritage Day. The campaign began with a special assembly where students of Class XII, COM presented a skit which depicted the varied facets of heritage. The assembly highlighted that heritage is a treasure trove of the past and conveyed the message that it is the duty and responsibility of present generation to protect, preserve and promote our values and culture. A dance presentation was performed by the students of Std VI, VII & VIII to show the value ‘Unity in Diversity’. The day ended with oath taking ceremony to enlighten the students about the value and significance the world’s heritage holds.



All India Inter School Dance Competition on 28/04/2018 and 29-04-2018

Indian Art & Culture Society and Shai’s Dance Academy had organized Fifth All India Dance Competition on 28th April and 29th April 2018 in Ahmadabad where 500 dancers had participated from all over the country and MAITRI JESWANI of Std IV had won SECOND PRIZE in Modern Dance Style. She was trained and choreographed by our Dance Teacher Ankur Singh.

Chairman Mr. Vinod Chavda, Managing Trustee

Mr. Hemant Kachhadiya, Principal Mr. Sacria Thomas, Vice Principal Dr. Taruna Sharma and Educational Advisor Mrs. Tripti Nagar appreciated and congratulated her for the dazzling performance.

Labour Day Celebration on 01/05/2018

It is labour indeed that puts changes on everything.”

Labour Day is a dedication to the social and economic achievements of workers who have made to the strength, prosperity and well being of our country.

Atmiya Vidyapeeth had celebrated International Labour Day on 1st May 2018. The function kicked off with speech followed with the song with the motive to make the generation understand about the importance of supporting hands to make any of the organisation and country a tycoon.

Chairman Mr. Vinod Chavda focused on the priceless contribution of the workers for the smooth functioning of the institution and supporting staff was honoured for their dedication and support which is ultimately helping to carry out school activities effectively.

Managing Trustee Mr. Hemant Kachhadiya, Principal Mr. Scaria Thomas, Vice Principal Dr. Taruna Sharma and Educational Advisor Ms. Tripti Nagar appreciated and thanked the employees acknowledging their selfless contributions, admitting their irreplaceable inputs for the welfare of the school and motivated students to respect all such people without whose help, life would not be that easy.



English Poem Recitation Competition on 05/05/2018

“Poetry is when an emotion has found its thought and the thought has found words” - Robert Frost

Poems have always been a wonderful way to convey either a message to express a feeling or to create humour. Words can be presented more beautifully when recited as a poem. To spread the fragrance of poetry among the children, Atmiya Vidyapeeth had organised an Inter House English Recitation Competition for the students of classes I to V on 5th May 2018 where the delicate darlings recited a poem with full enthusiasm. The children chose a variety of topics for their recitation like nature, trees, flower, mother, teacher, unity in diversity etc. with a lot of zeal and enthusiasm.

This activity was organized to explore and encourage the reciting skills and confidence in children. The recital excelled in rhythm, mood, diction and expressions. The final judgment was made by Educational Advisor Mrs. Tripti Nagar and Primary Section Co-ordinator Mrs. Vanaja Mantri and the victors were applauded and praised by Chairman Mr. Vinod Chavda, Managing Trustee Mr. Hemant Kachhadiya, Principal Mr. Sacria Thomas, Vice Principal Dr. Taruna Sharma and Educational Advisor Mrs. Tripti Nagar appreciated and congratulated the students for their excellent performance.

Winners of the competition are:

GROUP A (Std I)

- | | | | |
|--------------------|-----|--------|-----|
| 1. Bhavyua Patel | I D | FIRST | APJ |
| 2. Uttkarsh Bawane | I B | SECOND | HB |
| 3. Laasya Mantri | I C | THIRD | APJ |

GROUP B (Std II & III)

- | | | | |
|------------------------|-------|--------|-----|
| 4. Kush Pujara | III C | FIRST | APJ |
| 5. Shreshtha Halder | II B | FIRST | VSB |
| 6. Ashi Katiyar | II A | SECOND | APJ |
| 7. Manya Verma | III B | SECOND | VSB |
| 8. Harshvardhan Masram | II A | THIRD | HB |

GROUP C

- | | | | |
|-----------------------|------|--------|-----|
| 9. Harleen Kaur Simak | IV B | FIRST | VSB |
| 10. Sumit Shihani | V B | SECOND | VSB |
| 11. Swagata Maiti | IV A | THIRD | VSB |
| 12. Jemin Babriya | V C | THIRD | HB |
| 13. Pratiksha Ubana | V C | THIRD | APJ |

Summer Camp on 17-03-2018 to 31-03-2018

“The tans will fade but the memories will last forever.”

Atmiya Vidyapeeth School is striving for achieving the vision: “Holistic Development of Mind, Body and Soul”. AVP Summer Camp 2018 was organised from 11th March to 31st March 2018, especially with a motive to utilize the summer vacations in the most productive manner where the learning process goes hand in hand with hands on fun activities.

The objective of Summer Camp was to engage the kids in activities that they find both enjoyable and meaningful, to give them an opportunity to learn and develop skills like Painting, Craftwork, Dance, etc., Summer Camp Course was not only designed to facilitate AVP students, rather, it was bubbling with a large number of students from different schools. The entire camp was conducted in AVP campus with Football, Volleyball, Basketball, Cricket, Karate, Art & Craft and Music.

The students were divided into groups according to their age appropriate levels, to allow more teacher attention so as to facilitate superior learning standards. Enthusiastic teachers along with energetic students made the Summer Camp Session a Fun and Entertaining days.



Convocation Ceremony on 23-06-2018

It is the dream of every person to hold a degree as a token of achievement in academics. A grand Convocation Ceremony was conducted on 23rd June 2018 to give such a wonderful feel to our tiny tots who have just been promoted to grade I. The ceremony was inaugurated by lighting of lamp by our dignitaries Managing Trustee Mr. Hemant Kachhadiya, Principal Mr. Scaria Thomas, Vice Principal Dr. Taruna Sharma and Educational Advisor Mrs. Tripti Nagar which was followed by a melodious prayer. A beautiful poem was sung by the students of grade I which cherished the mind of parents as well as the dignitaries with ecstasy. Degrees were conferred to tiny tots by the dignitaries. An inspirational group song was presented by our grade I students. The parents of our little degree holders were overwhelmed with mixed emotions of happiness and pride to see their wards with the first degrees of their life. Our Principal Mr. Scaria Thomas addressed the parents and congratulated the tiny tots who leap forward to the next successful step of ladder. Educational Advisor Mrs. Tripti Nagar gave vote of thanks highlighting the importance of Convocation Ceremony in the life of a student. The event concluded successfully with waves of great emotions spread all over Atmiya campus.





SPORTS CORNER

Outstanding Football Achievement!!! on 28/04/2018

The school maintains an excellent record in its sporting pursuits and work of excellence is recognised. An Inter School Football Tournament, U-16 Boys was organized by Jagannaut Group, 5A at District Level wherein Sixteen teams had participated from all over Kutch region and the Team of Atmiya Vidyapeeth had grabbed First Position. The students were trained and guided under the effective and dynamic leadership of our Coach Mr. Nilesh Patel. Chairman Mr. Vinod Chavda, Managing Trustee Mr. Hemant Kachhadiya, Principal Mr. Sacria Thomas, Vice Principal Dr. Taruna Sharma and Educational Advisor Mrs. Tripti Nagar appreciated and congratulated the team for their excellent performance.

The players of the team were:

1. Sameep Singla
2. Abhishek Singh
3. Sudhir Sahani
4. Harshdeep Gill
5. Akash Pal



Marvellous Achievement!!

on 10/06/2018

Ishan Subashbhai Dave Memorial had organized a U-15 Chess Tournament on 10th July 2018 at Tolani College of Commerce in which **DHEER WADHWANI of Std. II** from Primary Section Category had brought laurel to our school by winning a certificate and a cash prize of Rs. 500. He had accomplished 4 matches out of 6 in Chess Tournament. Chairman Mr. Vinod Chavda, Managing Trustee Mr. Hemant Kachhadiya, Principal Mr. Scaria Thomas Dr. Taruna Sharma and Educational Advisor Mrs. Tripti Nagar appreciated and congratulated him for his tremendous performance.



International Yoga Day on 21/06/2018

Holistic Development through Yoga.....

Yoga in India is considered to be around 5,000 year old mental, physical and spiritual exercise. Yoga is very necessary and beneficial for all human being if it is practiced by all on daily basis in the early morning. It is celebrated to let people know that regular yoga practice lead to the better mental, physical and intellectual health. Heartfelt thanks to our Prime Minister, Mr. Narendra Modi for giving an opportunity for schools to celebrate the International Yoga Day. The school is also thankful to CBSE for initiating this under them, also for inculcating Yoga as a part of the syllabus.

Atmiya Vidyapeeth celebrated Fourth International

Yoga Day on June 21, 2018 in its campus with the theme "Yoga for Harmony and Peace". The school organized a plethora of activities for students ranging from Asanas, Pranayam to Suryanamaskar.

A Yoga session of forty five minutes was organized in which students, faculties and staff took part enthusiastically and practiced various 'Asanas' of Yoga and Pranayama. Our Yoga practitioner Mr. Nilesh Patel and Mr. Shanker Shetty demonstrated various Yoga postures and explained the correct way of doing Asanas. Yoga session was started with chanting of 'OM' followed by Sookshma Vyayam, Vajrasana, Tadasana, Vrikshashana, Nadi Shodhan Pranayama and Parvatasana . The main attraction of the day was the performance of Suryanamaskar in which co ordination of body and mind is very important.

Members present in the session expressed their experiences and stated that they were feeling relaxed, refreshed and calm after the session. Our Principal Mr. Scaria Thomas, in his inaugural address opined, "Yoga, an ancient Art and Science of health and harmony have vast potential for physical, mental, emotional, social and spiritual health of every human being". Our Educational Advisor Mrs. Tripti Nagar concluded the day with the recitation of Shanti mantra and the students and teachers carrying home the message that,

***"Yoga is not for only one – it's for everyone,
Yoga is not for a day- it's for everyday."***



ACADEMIC CORNER

DPS – Model United Nation on 28-04-2018 and 29-04-2018

DPS Gandhidham had organized an Inter School Competition on DPSMUN (Model United Nation) wherein students of different schools had participated and presented themselves as member of Lok Sabha, Rajya Sabha, President and Prime Ministers of different countries and organizations. Thirteen students from Atmiya Vidyapeeth had participated and they received Appreciation Certificate. Swikrity Shrivastav from Std X got special appreciation award for her active performance. Chairman Mr. Vinod Chavda, Managing Trustee Mr. Hemant Kachhadiya, Principal Mr. Sacria Thomas, Vice Principal Dr. Taruna Sharma and Educational Advisor Mrs. Tripti Nagar appreciated and congratulated the team for their initiative.

The winners of various sports are :

- | | |
|------------------------|---------|
| 1. Bhavna Verma | X B |
| 2. Aesha Vaidhya | XA |
| 3. Harshika Kanodia | X B |
| 4. Kartikey Rohilla | X B |
| 5. Kanika Sharma | X B |
| 6. Kajal Soni | X B |
| 7. Dhanasvi Sharma | X A |
| 8. Swikrity Srivastava | X B |
| 9. Abhijeet Somra | XII SCI |
| 10. Jaynil Thacker | XI SCI |
| 11. Aditya Raj Gohil | VIII B |
| 12. Udhay . B. Menon | IX A |
| 13. Mokshal Vasa | VIII A |



Workshop on Effective Parenting on 24-04-2018

“Parents need to fill a child's bucket of self-esteem so high that the rest of the world can't poke enough holes to drain it dry” - Alvin Price

A well-organized and Thought Provoking workshop was conducted for the parents of Pre Primary up to Std XII at Atmiya Vidyapeeth, Gandhidham on 24th March 2018 by Mr.Scaria Thomas – Principal, a CBSE certified Resource Person. The aim of the workshop was to sensitize the participants of the importance of Positive Parenting in the current era and to motivate the parents to create a positive family atmosphere, believe in the concept of listening to their wards and to effectively meet up to any parenting challenge in today's modern world.

He also involved in “Super Power Students” workshops- where he gave successful mindset and Study Technique Training to students and he was able to convince the parents to take up their role as fun and not as an additional pressure, thus balancing work and family. The workshop left a lasting impact on the minds of parents who already began planning to re-structure their home environments to benefit their children with a complete focus on positive parenting.

We show parents how to get children to cooperate more, to communicate more, to try new things and to persevere – as well as how to do well academically and socially. Parents learnt how to support children in academic, artistic and sporting endeavours - without placing undue pressure on the children with the skills and strategies learned during the workshops. The Parents were very much satisfied and set their mind for making their children grow in confidence and resilience.

At the end of the session, the parents were asked to give the feedbacks of the workshop and they expressed their immense pleasure as they got an opportunity to attend the effective Parental workshop.

The outcomes of the workshop were:

1. To create the awareness
2. To comprehensively understand the concepts of positive parenting
3. To bring together various stakeholders operating in the field of parent-child relationship
4. To trigger a positive change in mindset

An Educationist by profession and a motivational speaker by passion, his high energy message inspired the parents to shed their mediocrity and move towards greatness.

Career Guidance Programme for the XI-Students of Kendiya Vidyalaya, IFFCO on 28-04-2018

“Future Orientation is combined with a notion and expectation of progress and nothing is impossible.”

Atmiya Vidyapeeth had organized A **CAREER GUIDANCE PROGRAMME** for Std XI students of K.V, IFFCO, who appeared in the board Examination in March- 2018 on 28th April, 2018 from 8:00 am to 10:30 am. The objective of the programme was to make the students aware of the academic aspects of the course, the rules and regulations of the Institute and ensuring Parental Participation in monitoring the performance and progress of the students. The Orientation Program is an opportunity for any student to learn and to choose their streams that is Science, Commerce or Arts.

The program started with a prayer followed by welcome greetings given by Mrs. Nisha Sharma, CCA Co coordinator. Warm greetings were given to Mrs. Madhubala Singh Principal, K.V IFFCO for her cooperation to make the programme effective. Mr. Scaria Thomas - Principal addressed the students with a brief introduction about our School and the prospective streams to choose after class X. He spoke about the different futuristic scopes in the field of Science and Commerce and Humanity which can be opted by the students as per their interest and aptitude. He shared his vast experience and advised the students to be dedicated, committed and focused on academics and to showcase their talents in both curricular and extra-curricular activities for having an edge over their peer group for employability and higher education globally.

It was then followed by Slide presentation by Mrs. Madhuri Devnani, Mrs. Madhavi Upadhyaya, Mr. Mahendra Chouhan & Mr. G Jilani Shah, Faculties of Science and Dr. Taruna Sharma, Vice Principal, Mrs. Sapna Batham and Mrs. Sarita Bathla, Faculties of Commerce, Mrs. Abha Joshi and Mr. Shankar Shetty, Faculties of IP/PE.

The seminar concluded with an interactive session of the students with the delegates.



Atmiyans Welcome New Members



Sajjan Nayak
(Music Teacher)



Esha Gaur
(Faculty of SST)



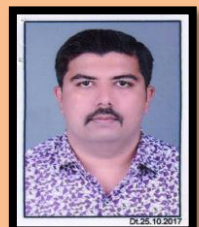
Ankita Singh
(Faculty of Science)



Pooja Jangid
(PRT)



Kavita Ketha
(PRT)



Chirag Solanki
(Faculty of Physics)

STAR STUDENTS OF THE WEEK

Week	Name of the students	Class
Week-12	Aadhya Sharma	I A
	Ashritha Sunil	VI A
	Smrithi Yadav	XII SC.
Week-13	Kartik Bist	II A
	Kartikey Tripathi	VIII B
	Nishad Patil	X A
Week-14	Prachi Choubey	III A
	Akaksha Pani	VI A
	Keval Vania	IX A
Week-15	Swagat Marti	IV A
	Kinsh Patel	VII A
	Ishan Raj	X B
Week-16	Krishansh Chobey	V-A
	Ankit Singh	VIII A
	Rohan Garg	XII Com

STAR TEACHER'S OF THE WEEK

Sr.	Name	Details
1.	Juhi Chhangrani	For writing creative and effective lesson plan
2.	Sukhwinder Kaur	For writing creative lesson plan



STUDENTS' CORNER

DO YOUR PARENTS CHOOSE YOUR CLOTHES FOR YOU OR YOURSELF PICK IT?

Prangya Pani of class 3rd A says...

My Parents choose clothes for me. Yes, I like it whenever they give and I take it as a gift. Because now I am a small girl so till I grow up and earn my own income I would wear the clothes chosen by my parents. And another reason why I want my parents to choose my clothes is that whether I grow up with time, I want to be my parents little girl.

Prachi Chawda of class 3rd A says...

Yes, my parents choose my clothes. They always help me to choose correct clothes for me. Sometimes, I don't know that my choice is right or wrong, or how I will look after wearing it. At that time they help me to choose correct choice for me. And Sometimes, I choose very costly clothes and my choice is very expensive for them. But they buy for me. That's why I love their choice.

Krishna Massam of class 4th C says...

The most important thing to know about dressing like yourself is to be comfortable and confident in your chosen outfit. My mom buys my clothes from shopping mall every month. My favourite clothes are Jeans and T-shirts. I always choose my clothes as per my comfort and look. Clothes should be a reflection of your true inner self. I make my outfit totally unique and trust on my own ideas. My mom tells me how to dress myself in an appropriate way. Choosing clothes is an activity to make decision.

Harleen Kaur Simak of class 4th B says...

We live in a beautiful world. And we have many different likes and dislikes. Yes, My parents pick my clothes for me, because my parents know my length, size and material which is comfortable for me. Actually I pick my clothes and my parents check the length and size. I and my parents go to various shopping Malls like pantaloons, Westside etc. My parents are very perfect in this work. I like when they choose for me so adorable and beautiful clothes. So I like their likes because I and my parent's likes are almost same. My parents like when I look awesome, gorgeous and sporty after wearing the clothes chosen by me.

Angel Singh of class 4th B says...

Clothing is one of our basic needs. Clothes protect us from natural calamities like storm, heat, cold, sunlight etc. I am very choosy in selecting my dresses .When we go to market to purchase clothes for me, my parents always ask about my choice. Like, my favorite dress is frock. My parents really care of my choice. But whenever I choose wrong dress they always convince me for a right one. My wardrobe is full of my clothes for different occasions, like school uniform, party wear, night wear and regular dresses. I believe that parents never choose anything wrong for their children.

Dhruvi Joshi of class 5th A says...

Whenever my parents go for the shopping, they take me with them. Then any problem is not caused in my clothes. First, my parents choose my clothes then they ask me to try it and check that whether it is comfortable or not, then only they buy clothes for me. We always check that size should be correct and fabric must be comfortable. I always like my parent's choice. In matter of clothes my parents choose my best suitable .And mostly they pick my favorite dress. I love shopping and my parents choice as well.

Sumit Shihani of class 5th B says...

It is like never fixed or decided that who will choose. Most probably I go to market with my mom, she suggests me the best pair of clothes, because she knows very well what kind of clothes suits on me. On the other hand if by chance if I like the outfit which my mother dislikes (rare a case this situation occur) She never puts me out of my comfort zone and agree with my choice. You will be surprised that I enjoy shopping not only with my mom, but also with my dad. He is such a "all rounder". you know he not only copes up with my choice but even suggest me the upgraded fashion of my choice which I totally end up liking more than what I chose earlier !! So to the conclusion, we choose the clothes which are to be added in my closet. And I must say shopping with my family is a real fun. And in the end of the day I thank my parents for getting me outrageous clothes for my wardrobe and thanks to god for giving me two precious gems.

“DO YOU LIKE TO BE THE CENTRE OF ATTENTION” WHY? WHY NOT?

Gauri Pillai of class 8th B says...

I like to be the centre of attention a lot but not overpowering others. I like attention. I like guys staring. I love girls calling me princess. I like showing off in my studies while hiding bad parts of mine. I love when people read my notebooks and complement my notebooks, studies and handwriting. I am saying you can be the centre of attention by doing good things, helping others etc in your life. So, I am either centre or I am nothing.

Sakshi Singh of class 8th B says...

Yes, I do and I don't mind. Before you roll your eyes mouthing “attention whore” Please take some time to read about my past. As a child I was a performer. Being the front and centre dancer I was treated like the most important member of the team. Teacher's time was entirely monopolized on me and I left feel out whenever they focused a little more on I Quitted competitive dance during high school freshmen year when I joined the cheerleading team. I was surprised to know that I didn't need to put much effort to be at the centre of attention. I was popular whether people were telling good or bad things about me. I started going out more with older people from senior year even if they spent most of their times doing illegal stuff my reputation was a disaster. There was an online website called gossip gala where people used to talk about our private life. Most of the things about me were not even true. I was tired of that drama. It was the lowest point of my life. The centre is not about the need for attention, but where the action takes place. I am energized by the experience and my best to share that energy.

Hanna Freja of class 8th A says...

Apparently you lacked a Healthy share of quality time with your parents as a child. Now you are an adult and parents are not there anymore. There is a number of ways to compensate. Finding a job working with a people. You give something to them;

they receive and give you there attention. Another way is spiritual practices. In any event, you need to find a way to feel good about yourself, to enjoy your own company. To do things you enjoy that make you happy. Thus, you will redirect yourself from the painful need of attention. And go on living a full life, enjoying ride. While I enjoy a little recognition for something I have done well I am not a centre of attention. I was reared with a family belief that you do what you do because you have a purpose for being here and if listening is your art, then you listen. If you can make something in life better for yourself and others then you create. If someone wants to recognize you for doing things well, accept the recognition but I have never been one to seek the reward just to be noticed and lauded.

Priyanshi Binawra of 8th A says...

The first personal experience of centre of attention that comes to mind that is Birthday. I absolutely hate being wished Happy Birthday because of amount of attention it brings to me. All it takes is one person to say Happy Birthday out loud and then the rest follow. Then they start asking lot of questions: “How old are you?” “What are you doing to celebrate your birthday”....etc etc....It is not an unheard for an intro ward to not celebrate his birthday but have to explain that the group of co workers is no easy specially knowing they not most likely understand. Of course this is just one example but it is important because it demonstrate just how much one can even the smallest amount of extra attention.

Vishaka Bhadeshiya of class 8th B says...

A concentration of mind on single object with a view to limiting or clarifying by narrowing the aged of stimuli is attention. Everything needs to revolve around me. Unlike people who turn attention away. While I shy away being centre of attention but being centre of attention comes naturally to us. When we become popular we love many things. I am honest with some people. If I was popular or being centre of attention, I love to meet new people, I took long time

to get ready. I love people around me. They took 'selfies' with me. Sometimes I even seemed conceded. I was also have good time. I have also wanted to be get centre of attention. But it comes naturally. Some people don't like me. They make fun of me when I do mistakes. I am sometimes not able to concentrate on my work because thinking too much about if I was centre of attention I do that thing. You don't have to be too much.

Vaidehi Ghaware of class 8th C says...

Do you like the centre of attention? What does it mean? It means do we like the attention of the people towards us. If you ask me I will say Yes. Answer me who does not want to be the centre of attention. Everyone likes that everybody should get attracted towards them .this is quite natural for human beings. Everybody likes that, everyone should pay attention on them. Everybody likes to be centre of attention, but not everybody have that much of power, patience and motivation to do so. It's not an easy task that we can do in just few seconds. If we want really to make happen this in our life. We should do always positive reaction and ask people that they should also be positive reactor .We should always think about positive thoughts. I think we should take this chance to us it up as a motivation rather than worrying about it. We should never say if that person will do then only I will do so. No, its not like that ,if you want to be get succeed in becoming centre of attention then you should be the first person to do so . And slowly – slowly people will get inspired from us .On one day you will be a great inspiration for every new generation I want to be positive “Centre of Attention” not the negative one. So, the choice is in your hands .and if we think positive, then the result will also be positive. If we decide to do so, we should think always that “we should, we can and we will”. By, this thought I and my essay completes.

Jennis Joshi of 8th B says...

No, I don't like to live in attraction because everything has a good and a bad effect to our performance in our various task. It effects on our

various subjects also It can decrease grades ot increase our grade it depends on the task we are doing. Because of the task we are doing in centre of attention we put our self in danger. It can make a good student into bad ones, so it is in our hand rather we want to be in centre of attention or not.

Abhay Gussain of 8th C says...

Honestly, I have always been wanted to be the centre of attention, but I always had the fear of people disliking me because of it. But when I took that chance and got out of my comfort zone into spotlight, I noticed people started to talk to show interest, the fear slowly became less of a problem. But if I lost that centre of attention, I have started to become more anxious and secluded myself more. The only thing that makes me happy in life is other people's validation.

Lakshay Saxena of class 8th C says...

No, I don't like to be the centre of attention. There are many reasons for this. If we go out so, all people roam around us and all media go with us. Like if Salman Khan goes out for a picnic, so all people and media rome around him. And in news also it will come that Salman Khan goes to 'thela' and eat panipuri or something else. When we are a centre of attention we are not free and we are not able to live our life freely. All things are good if they are in limit. So more attention will make man, less independent.

Ritesh Rohiwal of class 8th B says...

No, I don't like to be the centre of attention. Because I don't like unnecessary words discussed about me. Sometimes when we become centre of attention, people start thinking that we are egoistic. Being egoistic is not at all a good thing. We should do our work honestly and with full heart instead of wanting others to speak about us. A pot full of water does not make any noise similarly, we should also concentrate and focus on our work rather looking and listening to other. Nothing is more important than ones our goal. So stay focused.

Manav Jha of class 6th B says...

why do some people crave attention? In fact we all need attention to a certain extent because we are social beings. I too like to be attentive. But why do some people seem to be doing everything in order to get more attention. For example if a person has a little amount of money then he spends all what on a sports car then this shows the man is dying for attention to the extent that he started taking illogical decisions. Our childhood experiences affect. In this article I will tell you about some of the real life examples that results in such a behavior. As only child who has no brothers or sisters got used to be in centre of attention is the house. When a child grows up he will always try to replicate the favorable conditions he used to live in. at the last I want to say that always be attentive in the school and the teacher is saying to that.

Vinay Joshi of class 6th A says...

Yes, I like centre of attention. When we become centre of attention, everyone talks about us, sometimes people praise us. I feel really very happy and joyful when people talk about me by this people, recognize us many a time even those people start knowing about us. This gives us encouragement to work and achieve more in our lives we should take every comment positively and try to better day by day and our parents bless us our teacher encourage us and we bless from god.

Jinil Rangnani of class 6th A says...

I like to be a centre of attention in everywhere in my friends group and many much because all friends of mine will give me attention and have a easier way to be attentive and I will be very happy to be attentive I will be feeling like a star and will same like a star only. It was my dream to be an stator be attentive. These are many views about it. But I also didn't like also because it sometimes control over body properly instructed because our body parts are instructed by our brain and we are fully gone in that thought and being died man so these are something why I like to be a centre of attention and I also dislike to be centre of attention these are my views and my thoughts about the attention.

Nishi Patel of 6th B says...

It depends on the circumstances and situation. If someone wants to recognize you are doing things well. Accept recognition but I have never been one to just to be noticed and loaded. For me, personally, being the centre of attention is okay once in a while. My parents told me that doing well is itself a reward. I like praise and all, but not really centre of attention. Sometimes I enjoy it. It feels nice to be recognized. I would not care much for to recognize. I would not care much for to recognize because if I am happy with my work then it is good enough of course. I will mention my work if people ask for it but I don't feel to show it to the world. I will always need to remind myself of my main goal because sometimes I tend to stay away from purpose to recognition of work therefore, I sometimes enjoy being the centre of attention, it is not important for me to have my work recognized.



TEACHER'S CORNER

“HOW PLEASANT I FEEL WHEN I AM WITH SMALL KIDS”

“KIDS” FOR ME MEANS K FOR KINDNESS, I FOR INNOCENCE, D FOR DYNAMIC AND S FOR SUPER HEROES.

Kids are the “Blooming Buds” which haven’t yet grown but with their tender love they bloom as a flower in the garden by spreading fragrance of love.

These tiny tots taught me more of a Love, language of true empathy, absolute resiliency and unending compassion.

I want to work on their self confidence, and want them to recognize each of their unique talents and able to face all challenges in their life with full confidence and smile on their face. Also, I want them to share their thoughts and views with the world. With all these I feel proud like any mother would, of their children.

By seeing them happy and growing up, i am always reminded of my childhood, where once I was a Blooming Bud too.

My teacher’s made me grow in the most rightful manner. For which, I’ll be forever thankful and grateful.

Every kid deserves that rightful manner of growth, and I am doing I will be doing everything in my power to make sure they get to grow rightfully too.

With every passing year with these tiny heroes, i have learnt many a things. Most of those characteristics that, i as an adult lack or might have missed on my busy life but, they never fail to amaze me by their kindness.

**Vaishali Rathod
(Pre-primary Teacher)**

HOW DO YOU FEEL WHEN YOU ARE WITH KIDS

As I am teaching early childhood students. I often witness to so many ground breaking moments. It is the time when I really feel rewarded as a preschool teacher. The cool thing about being a preschool teacher is that I can apply different types of activities in teaching method to make teaching as well as learning both interesting. Being a preschool teacher it also gives me a chance to live my childhood days again, with them for a time being I also fell like a small kid.

Sometimes with kids I am not harsh but I speak I an assertive voice which is also needed to teach them discipline. To conduct one on one conversation with kids at their eye level “I have wrecked my knees, but it’s where I gain love and respect of my kids”.

**Suchita Kashyap
(Pre-primary teacher)**



हिन्दी

चिड़ियाघर की सैर

पिछले बार गरमियों की छुट्टियों में मैं अपने परिवार के साथ चिड़ियाघर की सैर करने गया था। पापा ने बताया था कि चिड़ियाघर में अनेक तरह के जानवर रहते हैं। हम पटना अपने नाना जी के घर पर रुके थे। हम सुबह आठ बजे तैयार होकर चिड़ियाघर देखने पहुँचे। हमने अजीबो-गरीब बंदरों की टोली देखी। वे सब पेड़ों पर कूद रहे थे। फिर हमने वहाँ पर शेर भी देखा। वह गुफा में सो रहा था। वहाँ मुझे सबसे अच्छा मछलीघर लगा, उसमें अलग-अलग तरह की रंगीन मछलियाँ थीं। वहाँ एक कछुआ भी था। उसके बाद हमने मोर, भालु, हाथी और अनेक प्रकार के जानवर देखे। इतने सारे जानवरों को देखने के बाद मुझे भूख लगी। पापा ने मुझे दोसा और आइसक्रीम खिलवाया। वहाँ मुझे बहुत ही मज़ा आया। घर आने के बाद मैंने सारी बातें अपने दोस्तों को बताईं।

प्रथम झा - एक स

चिड़ियाघर की सैर

गरमी की छुट्टियों में हम चिड़ियाघर घूमने गए। वहाँ जाकर मैं बहुत खुश हो गई। वहाँ हमने बहुत सारे जानवर देखे। मैंने वहाँ बंदरों को केले भी खिलाए। वहाँ पर रंग-बिरंगे तोते भी मैंने देखे। शेर की आवाज़ सुन कर मैं डर गई। पानी में मगरमच्छ सो रहा था। वहाँ एक बड़ा हाथी भी था, जो केले खा रहा था। मोर, भालु और बहुत सारी चिड़ियों को देखा। पूरे दिन घूमने के बाद शाम को हम सब घर लौट आए। मुझे बहुत मज़ा आया।

हेत्वी उपाध्याय

एक ड

चिड़ियाघर की सैर

हमारे शहर में एक चिड़ियाघर है। मैं पिछले रविवार को अपने माता-पिता के साथ वहाँ गया था। हमने वहाँ टिकट खरीदा और अंदर घूमने चले गए। सबसे पहले हमने वहाँ पक्षियों को देखा। कई सुंदर और दुर्लभ प्रकार के पक्षी थे। हमने तोते, हिरन, भालु और कई प्रकार के जानवर देखे। एक शेरनी और उसका शावक भी देखा। वहाँ से लौटते समय एक तालाब देखा, जिसमें बहुत सारे साँप थे। हम लगभग तीन घंटे चिड़ियाघर में घूमे और शाम को घर वापस आ गए। हमें बहुत मज़ा आया।

हर्षिका

दो स

एक ऐसी घटना जो हम अपने जीवन में भूलना चाहती हैं।

यह घटना समुद्र तट की है। मैं अपने परिवार के साथ मांडवी बीच पर घूमने गई थी। मैं पानी में मजे से नहा रही थी। तभी अचानक से तेज लहर आई और मेरा पैर डगमगा गया, और मैं पानी में गिर गई। कुछ दूर निकल गई थी, पर मेरे पापा ने जल्दी से मेरा पैर पकड़ लिया, और मैं बच गई। थोड़ी देर बाद मैं सामान्य हुई। उसके बाद हम सब घर लौट आए। मैं पानी से इतना डर गई हूँ कि मैं वह घटना याद नहीं करना चाहती हूँ।

पायल सिंह

चार अ

एक ऐसी घटना जो मैं अपने जीवन में भूलना चाहता हूँ।

मैं और मेरी बहन ट्यूशन खत्म होने के बाद मम्मी का इंतज़ार कर रहे थे। मम्मी अभी तक हम लोगों को लेने नहीं आई थी। काफी देर होने के बाद हमारे पड़ोस की ममता आंटी आई और हम लोगों को अपने साथ स्कूटर पर अपने घर ले गईं। वहाँ से फिर हम अपने पापा के साथ घर गए। वहाँ देखा तो मम्मी रो रही थीं। उनका एक्सीडेंट हो गया था। पैर में प्लास्टर लगा था। उनको देखकर हम दोनों भाई-बहन रोने लगे। पापा ने हमें शांत करवाया। मैं अपने जीवन में कभी यह घटना याद नहीं करने चाहता हूँ।

पार्थ बर्नवाल

तीन ब

एक ऐसी घटना जो मैं अपने जीवन में भूलना चाहता हूँ।

एक दिन की बात है, मैं अपनी माँ की मदद कर रहा था। हमन मिलजुल कर घर के सारे काम किए। कुछ देर बाद माँ को याद आया कि सास खत्म हो गया है। मैंने माँ से कहा कि मैं लेके आता हूँ, और मैं बाज़ार निकल गया। बाज़ार से सास की बोतल लेके मैं लौट रहा था, कि अचानक से मैं गिर पड़ा, मेरे हाथ से बोतल गिर कर टूट गई, वह काँच की थी इसलिए मेरी दोनों उंगलियाँ कट गईं, और खून बहने लगा। मेरी मम्मी मुझे जल्दी से डाक्टर के पास ले गईं। डाक्टर ने मेरी उंगलियों में टाँके लगा दिए। मैं बहुत रोया। मैं यह घटना याद नहीं करना चाहता हूँ।

परिन भाटिया

चार स

एक ऐसी घटना जो मैं अपने जीवन में भूलना चाहता हूँ।

घटना तो लोगों के जीवन में घटती रहती है। परन्तु मेरे जीवन में जो घटना घटी उसे मैं भूल जाना चाहता हूँ। घटना तब की है, जब मैं तीन साल का था। मेरे घर में लगभग छः लीटर दूध आता था। मम्मी ने उसे गरम करके रखा था। तभी मेरा पाँव अचानक उस खौलते दूध में पड़ गया। मेरी पैर की वमड़ी उतर गई। रात का वक्त था, अस्पताल बंद हो चुका था। किसी तरह रात बिती, सुबह आत्मीय विद्यापीठ में मेरा इंटरेव्यू भी था और अस्पताल भी जाना था। मुझे मम्मी-पापा गोदी में लेकर स्कूल इंटरेव्यू दिलाने लेकर गए, मैं पास हो गया था। फिर मुझे सर्जन वेतन बोरा के पास लेकर गए। उन्होंने डवा दी और पन्द्रह दिन तक पलंग पर ही रहने को कहा, मैं पन्द्रह दिनों तक बिस्तर पर रहा। मुझे सोने में बहुत तकलीफ होती थी पन्द्रह दिनों बाद मेरा पैर ठीक हुआ। फिर मेरे परिवार वालों ने मुझे चलना सिखाया। मेरे पैरों में जलने का निशान आज भी है। मैं यह घटना याद नहीं करना चाहता हूँ।

सुमित शीहानी

पाँव ब

एक ऐसी घटना जो मैं अपने जीवन में भूल जाना चाहता हूँ।

मेरे भी जीवन में एक ऐसी घटना घटी जिसे मैं कभी याद नहीं करना चाहता हूँ। क्योंकि वो मेरे लिए बहुत ही दुखदायी है। बात दो हजार सत्रह अक्टूबर की है। हमलोगों ने हँसी-खुशी दीपावली का त्योहार मनाया। त्योहार के दूसरे दिन ही मेरी मम्मी, पापा और मेरी दीदी को चिकनगुनिया हो गया था। एक मैं ही अपने घर में ठीक था। कोई खाना बनाने वाला तक न था। मम्मी बुखार में तप रही थीं। किसी तरह उन्होंने थोड़ा बहुत खाना बनाया। मैं अपने पापा, मम्मी और दीदी की हालत देखकर बहुत दुखी था। समझ में नहीं आता था कि क्या करूँ, कुछ दिनों बाद सब कुछ पहले जैसा हो गया। अब सब ठीक है। लेकिन वह दिन मैं अपने जीवन में याद नहीं करना चाहता हूँ।

आदर्श झा

पाँच स

परोपकार घर से आरम्भ होता है

परोपकार को सबसे बड़ा धर्म माना गया है। हमें हमारे माता-पता, दादा-दादी अच्छे गुण सखाते हैं। जिसमें से एक है 'परोपकार'। परोपकार का मतलब है कोई ऐसा काम जिससे किसी की भलाई हो। अगर कोई किसी की मदद करे तो परोपकार होता है। मैं तो हर एक दिन किसी न किसी की मदद करती हूँ, क्योंकि जिस काम को करने से मन खुश होता है वह काम तो करना ही चाहिए। कुछ उदाहरण तो हम रोज देखते हैं, जैसे अध्यापक उनके छात्रों को, छात्र एक दूसरे को, और हमारे माता-पता अपने बच्चों की। परोपकार तो घर से ही आरम्भ होता है। हम छोटे होते हैं तो भी किसी न किसी की मदद तो कर ही देते हैं, यह तो भगवान का बनाया जादू ही है। क हम सब एक दूसरे की मदद करते हैं क्योंकि परोपकार करना हमारी संस्कृति है। हमारा धर्म है।

नाम-दीक्षा चोमल

कक्षा-सातवीं (अ)

परोपकार घर से आरम्भ होता है

परोपकार का अर्थ है दूसरों पर उपकार। परोपकार मानव का सबसे बड़ा धर्म है। स्वार्थ के दायरे से निकलकर व्यक्ति जब दूसरों की भलाई के वषय में सोचता है इसी को परोपकार कहते हैं।

भगवान सबसे बड़ा परोपकारी हैं जिसने हमारे कल्याण के लिए संसार का निर्माण किया। प्रकृति का प्रत्येक अंश परोपकार का शका देता है। सूर्य और चंद्र हमें जीवन प्रकाश देते हैं, नदियाँ अपने जल से हमारी प्यास बुझाती हैं। गाय, भैंस हमारे लिए दूध देते हैं, बादल धरती के लिए झूमकर बरसता है। फूल अपनी सुगंध से दूसरों का जीवन सुगन्धित करते हैं।

इंसान स्वभाव से परोपकारी होता है। कन्तु स्वार्थ और संकीर्ण सोच ने आज सम्पूर्ण मानव जाति को आड़ने में ही कैदित कर दिया है। अगर व्यक्ति अपने साथ-साथ दूसरों के वषय में भी सोचे तो दुनिया का सभी बुराईयाँ, लालच, ईर्ष्या, स्वार्थ और बैर लुप्त हो जाए।

हमारे माता-पता भी हमारे ऊपर एक बड़ा परोपकार करते हैं। क वह हमें पढ़ना-लिखना, अच्छा सोचना, और परोपकार करना सखाते हैं।

नाम-मीत रस्ते

कक्षा-छठी (सी)

परोपकार घर से आरम्भ होता है

"परहित सरिस धरम नहीं भाई।

पर पीडा सैम नहीं अधमाई ॥"

संसार में परोपकार से बढ़कर कोई धर्म नहीं है। जो व्यक्ति जितना पर कल्याण में लगा रहता है, वह उतना ही महान बनता है।

मनुष्य महान तभी बन सकता है जब उसके अंदर परोपकार की भावना जन्म ले। एक परोपकारी व्यक्ति से भगवान भी हमेशा प्रसन्न रहते हैं, इस लिए परोपकार से सबकी और स्वयं की उन्नति होती है।

परोपकार के अनेक रूप हैं, जिसके द्वारा व्यक्ति दूसरे को सहायता कर सकता है, जैसे प्यासे को पानी पलाओ, वृद्धों को बसों में सीट देना, अन्धों को सड़क पार करवाना, प्याऊ लगवाना, आदि।

शुभ व्यास ने भी कहा है कि परोपकार ही पुण्य है, और दूसरों को दुःख देना पाप। मानव को तुच्छ वृत्ति छोड़कर परोपकारी बनाना चाहिए, उसे यथा शक्ति दूसरों की सहायता करनी चाहिए।

नाम-गौरी खरे

कक्षा-दसवीं (बी)

परोपकार घर से आरम्भ होता है

परोपकार को सबसे बड़ा धर्म माना गया है। हमें हमारे माता-पता, दादा-दादी अच्छे गुण सखाते हैं। जिसमें से एक है 'परोपकार'। परोपकार का मतलब है कोई ऐसा काम जिससे किसी की भलाई हो। अगर कोई किसी की मदद करे तो परोपकार होता है। मैं तो हर एक दिन किसी न किसी की मदद करती हूँ, क्योंकि जिस काम को करने से मन खुश होता है वह काम तो करना ही चाहिए। कुछ उदाहरण तो हम रोज देखते हैं, जैसे अध्यापक उनके छात्रों को, छात्र एक दूसरे को, और हमारे माता-पता अपने बच्चों की। परोपकार तो घर से ही आरम्भ होता है। हम छोटे होते हैं तो भी किसी न किसी की मदद तो कर ही देते हैं, यह तो भगवान का बनाया जादू ही है। क हम सब एक दूसरे की मदद करते हैं क्योंकि परोपकार करना हमारी संस्कृति है। हमारा धर्म है।

नाम-दीक्षा चोमल

कक्षा-सातवीं (अ)

परोपकार घर से आरम्भ होता है

परोपकार का अर्थ है दूसरों पर उपकार। परोपकार मानव का सबसे बड़ा धर्म है। स्वार्थ के दायरे से निकलकर व्यक्ति जब दूसरों की भलाई के वषय में सोचता है इसी को परोपकार कहते हैं।

भगवान सबसे बड़ा परोपकारी हैं जिसने हमारे कल्याण के लिए संसार का निर्माण किया। प्रकृति का प्रत्येक अंश परोपकार का शका देता है। सूर्य और चंद्र हमें जीवन प्रकाश देते हैं, नदियाँ अपने जल से हमारी प्यास बुझाती हैं। गाय, भैंस हमारे लिए दूध देते हैं, बादल धरती के लिए झूमकर बरसता है। फूल अपनी सुगंध से दूसरों का जीवन सुगन्धित करते हैं।

इंसान स्वभाव से परोपकारी होता है। कन्तु स्वार्थ और संकीर्ण सोच ने आज सम्पूर्ण मानव जाति को आड़ने में ही कैदित कर दिया है। अगर व्यक्ति अपने साथ-साथ दूसरों के वषय में भी सोचे तो दुनिया का सभी बुराईयाँ, लालच, ईर्ष्या, स्वार्थ और बैर लुप्त हो जाए।

हमारे माता-पता भी हमारे ऊपर एक बड़ा परोपकार करते हैं। क वह हमें पढ़ना-लिखना, अच्छा सोचना, और परोपकार करना सखाते हैं।

नाम-मीत रस्ते

कक्षा-छठी (सी)

"परोपकार घर से आरंभ होती है"

परोपकार से बढ़कर और कोई धर्म नहीं होता और दूसरों को पीडा देने से बढ़कर कोई अधर्म नहीं होता। इस लए हमारे माता पता हमें बचपन से ही सखाते आ रहे - हैं क हमें हमेशा दूसरों की सहायता करनी चाहिए।

परोपकार शब्द का अर्थ है, दूसरों का उपकार यानि औरों के हित में कया गया कार्य।हमारे जीवन में परोपकार का बहुत ही महत्वपूर्ण स्थान है। परोपकार से बढ़कर कोई धर्म नहीं है जिस समाज में दूसरों की सहायता करने की भावना अ धक होती है वह समाज उतना ही सुखी होता है। तुलसीदास जी ने भी कहा है - "परहित सरिस धर्म नहीं भाई। पर पीडा सम नहीं अधमाई॥"

परोपकार की भावना मनुष्य में ही नहीं बल्कि पशु पक्षियों, वृक्षों और नदियों में भी पाई जाती है। इस लए रहीम जी ने कहा है-

तरुवर फल नहीं खात है,सरवर पयत न पान।

कही रहीम पर काज हित,सम्पति संचहिं सुजान॥

परोपकार करना केवल एक धार्मिक क्रिया ही नहीं,बल्कि प्रत्येक नागरिक का परम कर्तव्य होना चाहिए।इसप्रकार में मानती हूँ क एक बच्चे में परोपकार की भावना घर से ही आरम्भ हो जाती है।

अना मका संह

VIII-C

"परोपकार घर से आरंभ होती है"

एक कहावत है,परोपकार घर से ही शुरू होती है। एक बालक जो मन से दयालु हो और बचपन से ही अपने घर में वह दादादादी-,माता पता तथा सभी छोटे-ं और बड़ों की मदद करता हो वह बड़ा होकर समाज में भी मदद करेगा ही। बालक जब सीखना आरम्भ करता है, तब वह सबसे पहले अपने माता पता और घर के सद-स्यों का अनुसरण करता है, अर्थात बालक परोपकार की भावना घर से ही सीखता है।

इस प्रकार परोपकार घर से आरंभ होती है। बाद में वह निकट पडो सयों, दोस्तों, रिश्तेदारों की मदद करने के लए आगे आता है।इसके बाद वह दूरदूर- के स्थानों में मदद करने के लए हाथ बढाता है, जहाँ हजारों जरूरतमंद और कमजोर लोग उसकी सहायता और सहानुभूति का इन्तजार करते हैं। परोपकार बहुत ही सुंदर शब्द होता है। हमें हमेशा कसी न कसी जरूरतमंद की मदद करना चाहिए।सच ही कहा है-

"आज कुछ ऐसा करें की कल आप खुद को उस काम के लए धन्यवाद दे सकें।"

गौरी पल्लई

VII-B

"परोपकार घर से आरंभ होती है"

जब आप जन्म लेते हैं,तब आपके माता पता बहुत खुश होते हैं। उनका यही सपना - होता है क उनका बेटा एक अच्छा इंसान बने। उसमें सारे अच्छे गुण हों ।

इस लए जब आप छोटे होते हैं,तबसे ही आपके माता पता आपको अच्छे गुण - सखाते हैं । इसमें दूसरों की मदद करना भी एक है। जब दूसरों की मदद की जाती है, उसे ही परोपकार कहते हैं।

परोपकार का अर्थ हैजरूरत के समय दूसरों- की निःस्वार्थ भाव से मदद करना-। यही इंसान का सबसे बड़ा धर्म है। स्वार्थ के दायरे से निकलकर जब मानव दूसरों की भलाई के वषय में सोचता है, दूसरों के लए कार्य करता है,इसी को परोपकार कहते हैं।

उदाहरण के लए कसान हमारे लए अन्न उपजाते हैं, सैनिक प्राणों की बाजी लगाकर देश की रक्षा करते हैं ता क हम रात को चैन से सो सकें। गांधीजी, लोकमान्य बालगंगाधर तिलक जैसे कई महापुरुष अपनी जान दांव पर लगाकर अंग्रेजों से लडे। इन सबने एक परोपकारी का जीवन जिया। इन सबने भी अपने माता पता से ही-यह सब सीखा है हम इन सबको सलाम करते हैं।

हर्ष वरखले

VI-C

"परोपकार घर से आरंभ होती है"

जब आप जन्म लेते हैं,तब आपके माता पता बहुत खुश होते हैं। उनका यही सपना - होता है क उनका बेटा एक अच्छा इंसान बने। उसमें सारे अच्छे गुण हों ।

इस लए जब आप छोटे होते हैं,तबसे ही आपके माता पता आपको अच्छे गुण - सखाते हैं । इसमें दूसरों की मदद करना भी एक है। जब दूसरों की मदद की जाती है, उसे ही परोपकार कहते हैं।

परोपकार का अर्थ हैजरूरत के समय दूसरों- की निःस्वार्थ भाव से मदद करना-। यही इंसान का सबसे बड़ा धर्म है। स्वार्थ के दायरे से निकलकर जब मानव दूसरों की भलाई के वषय में सोचता है, दूसरों के लए कार्य करता है,इसी को परोपकार कहते हैं।

उदाहरण के लए कसान हमारे लए अन्न उपजाते हैं, सैनिक प्राणों की बाजी लगाकर देश की रक्षा करते हैं ता क हम रात को चैन से सो सकें। गांधीजी, लोकमान्य बालगंगाधर तिलक जैसे कई महापुरुष अपनी जान दांव पर लगाकर अंग्रेजों से लडे। इन सबने एक परोपकारी का जीवन जिया। इन सबने भी अपने माता पता से ही-यह सब सीखा है हम इन सबको सलाम करते हैं।

हर्ष वरखले

VI-C

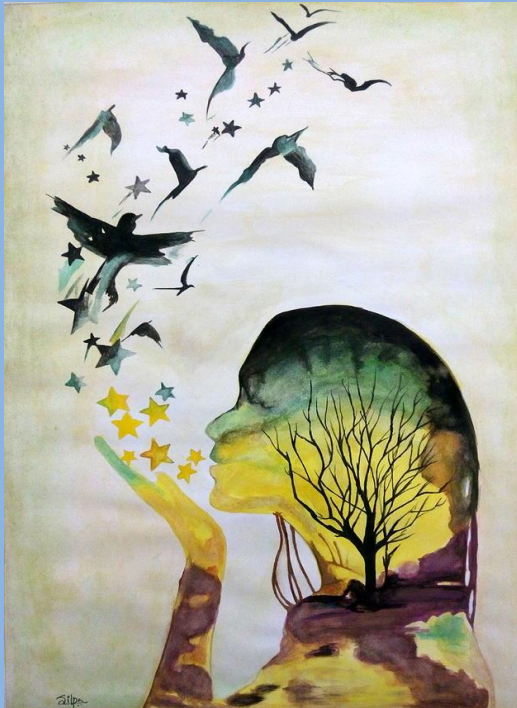
Art Corner



Artist Barakha Chauhan
Class – VII-C



Artist Ydukrihna
Class – IX-B



Artist Nisarga Dey
Class – IX-A



Artist Aashima Pani
Class – IX-B